

*St. John Baptist Church in Wales High School*



SEX AND  
RELATIONSHIPS  
EDUCATION POLICY

Signed by Chair of Governors on behalf of the Governing Body.....

Signed by Headteacher.....

Date: September 2019



*St. John Baptist Church in Wales High School*



## **SEX AND RELATIONSHIPS EDUCATION (SRE) POLICY**

### **DESCRIPTION OF THE SCHOOL AND EFFECTS OF THIS ON POLICY**

#### **AIM**

##### **The Policy is devised to:**

- 1. help and support pupils through their physical, emotional, moral and spiritual development;*
- 2. assist pupils to make responsible and well informed decisions, resisting pressure;*
- 3. show pupils how to respect themselves and other;*
- 4. educate pupils about maintaining stable and loving relationships;*
- 5. encourage pupils to gain knowledge and ask for advice about sexual health;*
- 6. enable pupils to resist sexual imagery and messages in the media to remain safe and legal;*
- 7. discuss with pupils prejudice and stereotyping;*
- 8. help pupils understand about preventing unwanted pregnancy. Self restraint, dignity and respect for themselves and others must be encouraged;*
- 9. ensure pupils are aware of the risks, both physical and emotional, associated with certain types of behaviour;*
- 10. promote pupils' self esteem, whatever their circumstances.*

#### **DEVELOPMENT OF THE POLICY**

##### **The Policy will be drafted and discussed with:**

- a. Pupils;*
- b. Parents;*
- c. Staff and Headteacher;*
- d. Governors;*
- e. Health Professionals.*

## **THE PERSONAL AND SOCIAL EDUCATION PROGRAMME AND S.R.E.**

The S.R.E. will be delivered as part of the Personal and Social Education Programme, which takes place in the timetabled curriculum at KS3 and PSE days for KS4, the majority of which is delivered by a Health Professional (i.e. School Nurse).

Relationships are discussed in the following KS3 PSE topics:

Year 7 – Friendships and Bullying

Year 8 – Relationships

Year 9 – Consent, Contraception and Conception

This Programme will be supplemented by visits of Health Professionals (School Nurse and Spectrum for example), during lessons, PSE days and Healthy Schools day.

Key Stage 3 & 4 - PSE lessons

Key Stage 3 – STIs will be covered in the Microbes and Disease Biology lessons

Key Stage 4 – GCSE RE lessons, GCSE Home Economics and Child Development (option subject)

Key Stage 5 – A Level Biology (option)

### **Teachers of P.S.E. will provide lessons on:**

- *Personal Relationships, Changing Relationships;*
- *Rights and Responsibilities;*
- *Anti-Bullying tactics;*
- *Resisting Peer Pressure, Media Advertising and Self Assertion;*
- *Moral Issues, Dilemmas and Making Choices;*
- *Understanding Cultural Differences, recognising Prejudice and Stereotyping;*
- *Identifying Emotions;*
- *Resolving Conflict and Negotiation, Anger Management;*
- *Spiritual Aspects – Making Pupils Aware of Strengths and Weaknesses;*
- *Effective Parenting.*

Ground rules about attitudes towards others, behaviour and appropriate use of language will be set in all P.S.E. lessons, in order to minimise a sense of embarrassment or sensitivity amongst pupils and staff. The idea of confidentiality within and towards the class will be stressed. Pupils are made aware of internet Sexual exploitation.

## **METHODOLOGY AND APPROACH**

It is emphasised that staff should not discuss personal matters concerning themselves or other named individuals. Opinions should not be offered, unless in line with the stated aims of the Policy.

Answers to questions should be given where possible. Some answers would be better given to individuals or small groups at a later time, some questions would be better referred to an expert.

## **EQUAL OPPORTUNITIES**

All pupils regardless of age, gender or ability, should be offered the opportunity to take part in the Programme.

At all times, the issues raised should be treated in manner sensitive to the age, gender and ability of the class.

### **OTHER AGENCIES**

The School will make arrangements for Health Professional and other agencies to offer advice and information where needed.

A Health Visitor will teach medical aspects of S.R.E. such as Sexually Transmitted Infections/HIV and Contraception.

### **COUNSELLING**

Formal counselling will be provided only by visiting Health Professionals or by teachers who have undertaken a recognised counselling course.

### **PARENTS RIGHTS**

Provision will be made for the supervision of those pupils whose parents do not wish their children to receive lessons on contraception and sexually transmitted infections.

Parents will be given a copy of the Policy Statement on request. Teaching materials should be available for inspection from the Head-teacher, if this is requested in writing.

A complaints procedure will be in operation. Initially the Head should be contacted and, if the problem is unresolved, it should progress to Governors, and L.A. if necessary.

### **CONFIDENTIALITY**

The issues of dealing with disclosures relating to Safeguarding matters will be discussed with all teaching and non-teaching staff at school, according to the Safeguarding Policy.

Pupils will be informed that information which they disclose may not always be treated confidentially, if the pupil is thought to be at risk of harm. The designated Child Protection person at school will be informed whenever concern about a disclosure from a pupil is felt by a member of staff.

### **SPECIFIC ISSUE STATEMENTS**

In all topics, staff should be aware that some pupils may have experience of problems through close friends or family.

***Bullying.*** The School is committed to providing a safe environment for all pupils. This topic is addressed in the wider Personal and Social Education Programme. Reported matters of bullying will be dealt with in the firmest possible manner.

***Health visitors*** must be made aware of school policy on all issues, if they are to be involved in the teaching programme.